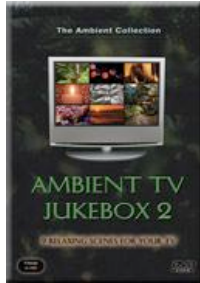


Ambient Jukebox 2 DVD – uses and feedback:



This DVD is our most purchased ambient DVD and has many multi-uses. Tracks are filmed in high definition and have options to select their natural (ambient) sound effects or to view with relaxing music options. We have used the DVD many times and we have indicated below just a few of the many uses and benefits of the ambient DVD as a resource for staff.



The snowfall 10-minute track was used as a backdrop to the Christmas carols and music-making activity program for Summit Health Care at Christmas 2007. It was played on a large plasma with the Diversional Therapist supervising the activity. The residents were engaged in watching and called out “oh snow!” and “Christmas”. This was at a multicultural high care nursing facility in Sydney and some of the residents would have experienced a white Christmas and/or new year in their earlier years when living in Europe and the northern hemisphere (as with some of the staff). The track set the scene for Christmas carols and the Chinese cluster of residents who were originally sleeping and not engaging were later observed singing their own songs in their language and smiling and watching the activities.



The crackling fireplace has brought many smiles to older residents as they remember fires warming the home, bonfires, living in the bush, campfires as children and many other personal memories and suggestions.

One of our younger adult clients with a brain injury really enjoyed watching this track and seemed very excited by the colours. He is not able to focus on normal television and is observed to look away from the tv and appear disinterested. But during the fireplace track this young man appears excited and is seen to be laughing and smiling and looking at the screen for longer moments of viewing.



We visit at dementia secure living unit for Uniting Care Ageing, north Sydney and provide sundowning activities for residents such as small music groups before the evening meal. The Diversional Therapist purchased this DVD and we arrived when this track was being played in a large communal room of about 30 residents with dementia. The DT commented that she has been having success with the DVD and asked me to observe how relaxed the residents

are. The residents were all calm, watching the DVD and the atmosphere was very relaxed – something that is not always familiar from 3pm onwards in a dementia-care facility.



A local high care nursing facility purchased this DVD prior to accreditation and had the fish tank track running when an aged care assessor entered the activities room. The assessor noted that although there were no residents present in the room at the time, that it was a great credit to the staff to have an interesting and welcoming feature to the room for residents who choose to enter...*always preparing ahead for the possibilities!*

Other ways in which this resource has been utilised:

As a backdrop to Etude Dance© - seated dance program for dementia residents

Spiritual themes and activities – such as in the lead up to a church or memorial service

Small group sensory program with laptop for clients with advanced dementia

Relaxation for staff and carers

All tracks repeat play and are 10 minutes in duration before the repeat. Each track can be watched in turn for a total viewing time of 90 minutes. The imagery can be manageable for the dementia mind and anyone who might benefit from relaxing, slower moving images, relaxing music and ambient (natural sounds).

The content of this DVD is peaceful and is conducive to a calming environment, for pain intervention, relaxation and to bring alive a medical, hospital environment with the essential elements of nature.

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